

Item	Mean	SD	Skewness	Kurtosis
1 Before and during a game, my coach clearly communicates what he/she expects us to do.	1.61	0.67	1.00 (0.11)	1.37 (0.22)
2 Criticism from my coach is done in a constructive manner.	2.05	0.79	0.61 (0.11)	0.21 (0.22)
4 My coach's behavior during a game makes me feel tight and tense.	2.16	0.83	0.29 (0.11)	-0.47 (0.22)
5 My coach displays confidence in me as a player.	1.99	0.86	0.65 (0.11)	-0.15 (0.22)
7 When my coach gets too emotional, it alters his/her effectiveness to coach a game.	2.44	0.87	0.12 (0.11)	-0.65 (0.22)
8 When I need it, my coach's tone of voice is soothing and reassuring.	2.35	0.85	0.28 (0.11)	-0.50 (0.22)
10 My coach is appropriately composed and relaxed.	2.21	0.82	0.41 (0.11)	-0.25 (0.22)
11 Emotional outbursts from my coach help me get fired up.	2.21	0.86	0.33 (0.11)	-0.51 (0.22)
13 My coach's mannerisms and displays of emotion contribute to me playing poorly.	1.98	0.76	0.38 (0.11)	-0.28 (0.22)
14 My coach shows support for me even when I make a mistake.	2.19	0.78	0.33 (0.11)	-0.18 (0.22)
15 During timeouts and halftime, my coach emphasizes what should be done rather than what we didn't do.	2.06	0.77	0.40 (0.11)	-0.15 (0.22)
17 My coach's mannerisms and display of emotions help me relax and play better.	2.42	0.73	0.27 (0.11)	-0.19 (0.22)
18 My coach's sideline behavior distracts my attention during a game.	1.95	0.82	0.62 (0.11)	-0.07 (0.22)
19 My coach uses timeouts and halftime to build our confidence.	2.22	0.71	0.38 (0.11)	-0.18 (0.22)
22 My coach controls his/her emotions well during games.	2.33	0.86	0.28 (0.11)	-0.53 (0.22)
23 When my coach appears uptight, I don't play well.	2.14	0.76	0.42 (0.11)	0.02 (0.22)
25 My coach's behavior during a game makes me worry about my performance.	2.21	0.77	0.11 (0.11)	-0.49 (0.22)
26 I get more nervous watching my coach on the sidelines than I do playing a game.	1.73	0.73	0.75 (0.11)	-0.21 (0.22)
27 My coach gets more stressed out when we play the top teams in the conference.	2.78	0.94	-0.30 (0.11)	-0.81 (0.22)
28 My coach makes me feel uptight.	1.95	0.84	0.52 (0.11)	-0.44 (0.22)

Table 5 CFA of the Coaching Behavior Questionnaire 2-Factor Model

Factor Items	Item
Negative Activation	
My coach's behavior during a game makes me feel tight and tense.	4
My coach's mannerisms and displays of emotion contribute to me playing poorly.	13
My coach's sideline behavior distracts my attention during a game.	18
When my coach appears uptight, I don't play well.	23
My coach's behavior during a game makes me worry about my performance.	25
I get more nervous watching my coach on the sidelines than I do playing a game.	26
My coach makes me feel uptight.	28
Supportiveness/Emotional Composure	
Criticism from my coach is done in a constructive manner.	2
When I need it, my coach's tone of voice is soothing and reassuring.	8
My coach is appropriately composed and relaxed.	10
My coach shows support for me even when I make a mistake.	14
During timeouts and halftime, my coach emphasizes what should be done rather than what we didn't do.	15
My coach's mannerisms and display of emotions help me relax and play better.	17
My coach uses timeouts and halftime to build our confidence.	19
My coach controls his/her emotions well during games.	22